

Going deeper

Exploring biodynamic management principles and practices

A biodynamic week-end workshop with Peter Proctor and Rachel Pomeroy

Saturday 21st and Sunday 22nd May at Riverside Community in Lower Moutere, Top of the South.

We are privileged to welcome Aotearoa's biodynamic elders once again to our region. Over the two days, they will share their experience, enthusiasm and knowledge with regards to a wide range of BD topics, with an emphasis on using the planting calendar, animal husbandry and preparation making.

Program

Sat 21st May

- 6.00 am The planets Mercury, Venus, Mars and Jupiter together in morning sky, with the Moon overhead.
- 9.00 am The Nuts and Bolts of Using the Planting Calendar
- 10.30 am Morning Tea
- 11.00 am Stir and apply CPP to promote strong plants.
- 12.30 pm Lunch
- 2.00 pm The farm or garden as an integrated unit. Achieving biodiversity of animals, birds, insects, pasture, crops, weeds, wildflowers, shrubs and trees. Looking particularly at
- ☐ Animal husbandry (caring for cows, sheep, goats, chickens, pigs or bees).
 - ☐ Mixed cropping, companion planting
 - ☐ Crop rotation and use of green crops or cover crops
 - ☐ Optimum use of borders and non-production areas
 - ☐ Biodynamic preps facilitate achieving the best balance for each unique combination of geology, soil type, aspect and climate
- 4.00 pm Questions
- 4.30 pm Finish for the day

Sunday 22nd May

- 9.00 am practical related to animal husbandry
- 10.30 am Morning Tea
- 11.00 am Growing the herbs for making the compost preparations. This will include preparing a bed, dividing and/or transplanting yarrow, chamomile, stinging nettle, dandelion and valerian. Observe the nature of these plants. Make a small package of dandelion prep (wrapped in mesentery) and bury, as an example of actually making the preps. Stinging nettle prep might also be possible.

We anticipate we will have a large group again - so here we could split the group in half (one preparing the bed and one making a prep) and we swap after 45 minutes.

- 12.30 pm Lunch
- 2.00 pm Fill cow horns and bury, Discussion and answer questions while doing that.
- 4.30 pm Finish

The cost for this workshop is \$80 - \$160 depending on your income. Lunch is available for an extra \$8 (please book at the time of registration).

Children are welcome.

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